
Read PDF Cole James Surgeon Emergency An As Life My Trauma

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TRAUMA

MY LIFE AS AN EMERGENCY SURGEON

St. Martin's Griffin In this pulse-pounding medical memoir, trauma surgeon James Cole takes readers straight into the ER, where anything can and does happen. TRAUMA is Dr. Cole's harrowing account of his life spent in the ER and on the battlegrounds, fighting to save lives. In addition to his gripping stories of treating victims of gunshot wounds, stabbings, attempted suicides, flesh-eating bacteria, car crashes, industrial accidents, murder, and war, the book also covers the years during Cole's residency training when he was faced with 120-hour work weeks, excessive sleep deprivation, and the pressures of having to manage people dying of traumatic injury, often with little support. Unlike the authors of other medical memoirs, Cole trained to be a surgeon in the military and served as a physician member of a Marine Corps reconnaissance unit, United States Special Operations Command (USSOCOM), and on a Navy Reserve SEAL team. From treating war casualties in Afghanistan and Iraq to his experiences as a civilian trauma surgeon treating alcoholics, drug addicts, criminals, and the mentally deranged, TRAUMA is an intense look at one man's commitment to his country and to those most desperately in need of aid.

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GRIEF RECOVERY HANDBOOK, THE (REVISED)

A PROGRAM FOR MOVING BEYOND DEATH, DIVORCE, AND OTHER DEVASTATING LOSSES

Harper Collins Offers those coping with the loss of a loved one, a job, or a marriage a tested program of specific actions for recovery

CONFESSIONS OF A SURGEON

THE GOOD, THE BAD, AND THE COMPLICATED...LIFE BEHIND THE O.R. DOORS

Penguin As an active surgeon and former department chairman, Dr. Paul A. Ruggieri has seen the good, the bad, and the ugly of his profession. In *Confessions of a Surgeon*, he pushes open the doors of the O.R. and reveals the inscrutable place where lives are improved, saved, and sometimes lost. He shares the successes, failures, remarkable advances, and camaraderie that make it exciting. He uncovers the truth about the abusive, exhaustive training and the arduous devotion of his old-school education. He explores the twenty-four-hour challenges that come from patients and their loved ones; the ethics of saving the lives of repugnant criminals; the hot-button issues of healthcare, lawsuits, and reimbursements; and the true cost of running a private practice. And he explains the influence of the "white coat code of silence" and why patients may never know what really transpires during surgery. Ultimately, Dr. Ruggieri lays bare an occupation that to most is as mysterious and unfamiliar as it is misunderstood. His account is passionate, illuminating, and often shocking—an eye-opening, never-before-seen look at real life, and death, in the O.R.

STRENGTHENING FORENSIC SCIENCE IN THE UNITED STATES

A PATH FORWARD

National Academies Press Scores of talented and dedicated people serve the forensic science community, performing vitally important work. However, they are often constrained by lack of adequate resources, sound policies, and national support. It is clear that change and advancements, both systematic and scientific, are needed in a number of forensic science disciplines to ensure the reliability of work, establish enforceable standards, and promote best practices with consistent application. *Strengthening Forensic Science in the United States: A Path Forward* provides a detailed plan for addressing these needs and suggests the creation of a new government entity, the National Institute of Forensic Science, to establish and enforce standards within the forensic science community. The benefits of improving and regulating the forensic science disciplines are clear: assisting law enforcement officials, enhancing homeland security, and reducing the risk of wrongful conviction and exoneration. *Strengthening Forensic Science in the United States* gives a full account of what is needed to advance the forensic science disciplines, including upgrading of systems and organizational structures, better training, widespread adoption of uniform and enforceable best practices, and mandatory certification and accreditation programs. While this book provides an essential call-to-action for congress and policy makers, it also serves as a vital tool for law enforcement agencies, criminal prosecutors and attorneys, and forensic science educators.

COMMUNITIES IN ACTION

PATHWAYS TO HEALTH EQUITY

National Academies Press In the United States, some populations suffer from far greater disparities in health than others. Those disparities are caused not only by fundamental differences in health status across segments of the population, but also because of inequities in factors that impact health status, so-called determinants of health. Only part of an individual's health status depends on his or her behavior and choice; community-wide problems like poverty, unemployment, poor education, inadequate housing, poor public transportation, interpersonal violence, and decaying neighborhoods also contribute to health inequities, as well as the historic and ongoing interplay of structures, policies, and norms that shape lives. When these factors are not optimal in a community, it does not mean they are intractable: such inequities can be mitigated by social policies that can shape health in powerful ways. *Communities in Action: Pathways to Health Equity* seeks to delineate the causes of and the solutions to health inequities in the United States. This report focuses on what communities can do to promote health equity, what actions are needed by the many and varied stakeholders that are part of communities or support them, as well as the root causes and structural barriers that need to be overcome.

OLD MAN COUNTRY

MY SEARCH FOR MEANING AMONG THE ELDERS

Oxford University Press, USA "We live in a time of change, an era where old men can maintain health but find dignity in frailty. *Old Man Country* helps readers see and imagine this change for themselves. The book follows the journey of a writer in search of wisdom, as he narrates encounters with twelve distinguished American men over 80 -- including Paul Volcker, the former head of the Federal Reserve, and Denton Cooley, the world's most famous heart surgeon. In these and other intimate conversations, the book explores and honors the particular way that each man faces the challenges of living a good old age"--

BRINGING TOGETHER PHYSICAL AND MENTAL HEALTH

A NEW FRONTIER FOR INTEGRATED CARE

HOSPITAL LAND USA

SOCIOLOGICAL ADVENTURES IN MEDICALIZATION

Routledge In *Hospital Land USA*, Wendy Simonds analyzes the wide-reaching powers of medicalization: the dynamic processes by which medical authorities, institutions, and ideologies impact our everyday experiences, culture, and social life. Simonds documents her own Hospital Land adventures and draws on a wide range of U.S. cultural representations — from memoirs to medical mail, from hospital signs to disaster movies — in order to urge critical thinking about conventional notions of care, health, embodiment, identity, suffering, and mortality. This book is intended for general readers, medical practitioners, undergraduate and graduate students in courses on medical sociology, medicine, medical ethics, nursing, public health, carework, visual culture, cultural studies, and gerontology.

PRE-INCIDENT INDICATORS OF TERRORIST INCIDENTS

THE IDENTIFICATION OF BEHAVIORAL, GEOGRAPHIC AND TEMPORAL PATTERNS OF PREPARATORY CONDUCT

DIANE Publishing This is a print on demand edition of a hard to find publication. Explores whether sufficient data exists to examine the temporal and spatial relationships that existed in terrorist group planning, and if so, could patterns of preparatory conduct be identified? About one-half of the terrorists resided, planned, and prepared for terrorism relatively close to their eventual target. The terrorist groups existed for 1,205 days from the first planning meeting to the date of the actual/planned terrorist incident. The planning process for specific acts began 2-3 months prior to the

terrorist incident. This study examined selected terrorist groups/incidents in the U.S. from 1980-2002. It provides for the potential to identify patterns of conduct that might lead to intervention prior to the commission of the actual terrorist incidents. Illustrations.

A THOUSAND NAKED STRANGERS

A PARAMEDIC'S WILD RIDE TO THE EDGE AND BACK

Simon and Schuster A former paramedic's visceral, poignant, and mordantly funny account of a decade spent on Atlanta's mean streets saving lives and connecting with the drama and occasional beauty that lies inside catastrophe. In the aftermath of 9/11 Kevin Hazzard felt that something was missing from his life—his days were too safe, too routine. A failed salesman turned local reporter, he wanted to test himself, see how he might respond to pressure and danger. He signed up for emergency medical training and became, at age twenty-six, a newly minted EMT running calls in the worst sections of Atlanta. His life entered a different realm—one of blood, violence, and amazing grace. Thoroughly intimidated at first and frequently terrified, he experienced on a nightly basis the adrenaline rush of walking into chaos. But in his downtime, Kevin reflected on how people's facades drop away when catastrophe strikes. As his hours on the job piled up, he realized he was beginning to see into the truth of things. There is no pretense five beats into a chest compression, or in an alley next to a crack den, or on a dimly lit highway where cars have collided. Eventually, what had at first seemed impossible happened: Kevin acquired mastery. And in the process he was able to discern the professional differences between his freewheeling peers, what marked each—as he termed them—as “a tourist,” “true believer,” or “killer.” Combining indelible scenes that remind us of life's fragile beauty with laugh-out-loud moments that keep us smiling through the worst, *A Thousand Naked Strangers* is an absorbing read about one man's journey of self-discovery—a trip that also teaches us about ourselves.

ADDRESSING ADVERSITY

PRIORITISING ADVERSITY AND TRAUMA-INFORMED CARE FOR CHILDREN AND YOUNG PEOPLE IN ENGLAND.

YoungMinds / Health Education England / Human-Experience / An edited collection of papers published by YoungMinds and funded by Health Education England. With 1 in 3 adult mental health conditions related directly to adverse childhood experiences, it is vital that we understand the impact that adversity and trauma can have on the mental health and wellbeing of young people, and how we can strengthen resilience and support recovery. *Addressing Adversity* presents evidence, insight, direction and case studies for commissioners, providers and practitioners in order to stimulate further growth in adversity and trauma-informed care, and spark innovation and good practice across England. Section 1: Understanding adversity, trauma and resilience includes evidence and analysis of the impact that adverse childhood experiences and trauma have on children and young people's mental health and wider outcomes across the lifecourse. Section 2: Addressing childhood adversity and trauma includes insights from the NHS in England, organisations and clinicians working with children and young people who have experienced forms of adversity and trauma. Section 3: Emerging good practice includes insight, case studies and working examples of adversity and trauma-informed service models being developed across England. The collection ends with an agenda for change, calling on all Directors of Public Health, commissioners and providers to make adversity and trauma-informed care a priority in their locality.

CURRENT CATALOG

First multi-year cumulation covers six years: 1965-70.

PLEASE DON'T GO

BIG JOHN'S JOURNEY BACK TO LIFE

Mainstream In July 2009, former Celtic and Wales soccer star John Hartson was diagnosed with testicular cancer, which had also spread to his lungs and brain. But before his treatment even began, John came to the brink of death after contracting pneumonia, ceasing to breathe and undergoing emergency brain surgery. Against all the odds, he pulled through, and in *Please Don't Go* he documents his incredible fight for life. Profoundly moving, John's own story is interwoven with the poignant recollections of his pregnant wife, Sarah, as well as with extracts from his sister Victoria's personal diary. This remarkable book covers the five-week period during which John's survival was most in jeopardy. John's truly inspirational account of how he has managed to overcome a very aggressive form of cancer will offer hope and courage to others affected by the disease. It is a touching and ultimately uplifting insight into the bravery of the popular football hero, who has fought back to full health in the face of adversity.

IMPROVING HEALTHCARE QUALITY IN EUROPE CHARACTERISTICS, EFFECTIVENESS AND IMPLEMENTATION OF DIFFERENT STRATEGIES

CHARACTERISTICS, EFFECTIVENESS AND IMPLEMENTATION OF DIFFERENT STRATEGIES

OECD Publishing This volume, developed by the Observatory together with OECD, provides an overall conceptual framework for understanding and applying strategies aimed at improving quality of care. Crucially, it summarizes available evidence on different quality strategies and provides recommendations for their implementation. This book is intended to help policy-makers to understand concepts of quality and to support them to evaluate single strategies and combinations of strategies.

EVIDENCE: HELPING PEOPLE HELP THEMSELVES

The Health Foundation

FIVE DAYS AT MEMORIAL

LIFE AND DEATH IN A STORM-RAVAGED HOSPITAL

Atlantic Books Ltd In the tradition of the best writing on human behaviour and moral choices in the face of disaster, physician and reporter Sheri Fink reconstructs five days at New Orleans' Memorial Medical Center during Hurricane Katrina and draws the reader into the lives of those who struggled mightily to survive and to maintain life amidst chaos. After Katrina struck and the floodwaters rose, the power failed, and the heat climbed, exhausted caregivers chose to designate certain patients last for rescue. Months later, several health professionals faced criminal allegations that they deliberately injected numerous patients with drugs to hasten their deaths. Five Days at Memorial, the culmination of six years of reporting, unspools the mystery of what happened in those days, bringing the reader into a hospital fighting for its life and into a conversation about the most terrifying form of health care rationing. In a voice at once involving and fair, masterful and intimate, Fink exposes the hidden dilemmas of end-of-life care and reveals just how ill-prepared we are for the impact of large-scale disasters - and how we can do better. A remarkable book, engrossing from start to finish, Five Days at Memorial radically transforms our understanding of human nature in crisis.

OXFORD TEXTBOOK OF PALLIATIVE MEDICINE

Oxford University Press, USA The definitive Oxford Textbook of Palliative Medicine, now in its fifth edition, has again been thoroughly updated to offer a truly global perspective in this field of extraordinary talent and thoughtfulness. Updated to include new sections devoted to assessment tools, care of patients with cancer, and the management of issues in the very young and the very old, this leading textbook covers all the new and emerging topics since its original publication in 1993. In addition, the multi-disciplinary nature of palliative care is emphasized throughout the book, covering areas from ethical and communication issues, the treatment of symptoms and the management of pain. The printed book is complemented with 12 months free access to the online version, which includes expanded chapter information and links from the references to primary research journal articles, ensuring this edition continues to be at the forefront of palliative medicine. This fifth edition of the Oxford Textbook of Palliative Medicine is dedicated to the memory of Professor Geoffrey Hanks, pioneer in the field of palliative medicine, and co-editor of the previous four editions. A truly comprehensive text, no hospital, hospice, palliative care service, or medical library should be without this essential source of information.

CHILD NEGLECT

A GUIDE FOR PREVENTION, ASSESSMENT, AND INTERVENTION

COMPLICATIONS

NOTES FROM THE LIFE OF A YOUNG SURGEON

Penguin Books India Autobiography of Atul Gawande, a surgeon in United States of America; this personal narrative exposes surgery of its follies to the extent it is human as it is idealised science.

WHO GUIDELINES FOR INDOOR AIR QUALITY

SELECTED POLLUTANTS

World Health Organization This book presents WHO guidelines for the protection of public health from risks due to a number of chemicals commonly present in indoor air. The substances considered in this review, i.e. benzene, carbon monoxide, formaldehyde, naphthalene, nitrogen dioxide, polycyclic aromatic hydrocarbons (especially benzo[a]pyrene), radon, trichloroethylene and tetrachloroethylene, have indoor sources, are known in respect of their hazardousness to health and are often found indoors in concentrations of health concern. The guidelines are targeted at public health professionals involved in preventing health risks of environmental exposures, as well as specialists and authorities involved in the design and use of buildings, indoor materials and products. They provide a scientific basis for legally enforceable standards.

HOW TOBACCO SMOKE CAUSES DISEASE

THE BIOLOGY AND BEHAVIORAL BASIS FOR SMOKING-ATTRIBUTABLE DISEASE : A REPORT OF THE SURGEON GENERAL

U.S. Government Printing Office This report considers the biological and behavioral mechanisms that may underlie the pathogenicity of tobacco smoke. Many Surgeon General's reports have considered research findings on mechanisms in assessing the biological plausibility of associations observed in epidemiologic studies. Mechanisms of disease are important because they may provide plausibility, which is one of the guideline criteria for assessing evidence on causation. This report specifically reviews the evidence on the potential mechanisms by which smoking causes

diseases and considers whether a mechanism is likely to be operative in the production of human disease by tobacco smoke. This evidence is relevant to understanding how smoking causes disease, to identifying those who may be particularly susceptible, and to assessing the potential risks of tobacco products.

CHILDREN'S NEEDS - PARENTING CAPACITY

CHILD ABUSE, PARENTAL MENTAL ILLNESS, LEARNING DISABILITY, SUBSTANCE MISUSE, AND DOMESTIC VIOLENCE

The Stationery Office This second edition of "Children's needs - parenting capacity" updates the original exploration of the research literature in the light of legal and policy changes in England and findings from more recent national and international research. The edition has also been expanded to cover parental learning disabilities and how it may impact on parenting and children's health and development. The findings show that these parenting issues affect children differently depending on their age and individual circumstances. While some children grow up apparently unscathed, others exhibit emotional and behavioural disorders. This knowledge can inform practitioners undertaking assessments of the needs of children and their families and effective service responses. This publication is essential reading for practitioners, managers and policy makers concerned with improving the outcomes for children and families who are experiencing such problems.

THE 9/11 COMMISSION REPORT

FINAL REPORT OF THE NATIONAL COMMISSION ON TERRORIST ATTACKS UPON THE UNITED STATES

Createspace Independent Publishing Platform Nearly three thousand people died in the terrorist attacks of September 11, 2001. In Lower Manhattan, on a field in Pennsylvania, and along the banks of the Potomac, the United States suffered the single largest loss of life from an enemy attack on its soil. In November 2002 the United States Congress and President George W. Bush established by law the National Commission on Terrorist Attacks Upon the United States, also known as the 9/11 Commission. This independent, bipartisan panel was directed to examine the facts and circumstances surrounding the September 11 attacks, identify lessons learned, and provide recommendations to safeguard against future acts of terrorism.

WORKING IN SOCIAL WORK

THE REAL WORLD GUIDE TO PRACTICE SETTINGS

Routledge After graduating, students in social work are faced with the daunting and stressful decision of choosing their specialty from the many that are available to them. Jessica Rosenberg has designed this guidebook to make this process easier, providing students with real world and practical information about what it is really like to work as a social worker. Each chapter covers a different practice setting, such as child welfare, gerontology, and addictions, and follows the same format. The Field Overview and Forecast describes the social worker's role, scope of services, and emerging issues and employment trends. The Critical Issues section consists of an interview with an established professional in his or her chosen field, offering a look into their personal journeys as they progressed through their careers. A vignette written by a practitioner in their area of specialty makes-up the First Person Narrative, providing the reader with a look at the joys and challenges of working in that particular field. Each chapter then concludes with helpful resources to learn more, such as books and websites, as well as information about specialty credentials and educational programs and centres. Those entering the social work field will find this an indispensable guide as they select their specialty and begin their career.

DOCTOR'S SECRET BABY

AN ENEMIES TO LOVERS ROMANCE

One wild night. One grumpy boss. And a baby I can't tell him about. It was the start of my dream life. New job, new town, loser ex-boyfriend kicked to the curb. So I let loose for once. Went home with a guy with stunning blue eyes and a naughty smile. You know the smile. The kind that makes toes curl and leaves scratches down his back. But I have no regrets... Until I report to work at the hospital and in walks Dr. Naughty Smile. Except he's not so charming with his white coat on. Dr. Ethan Cole is a cocky off-limits prick while on the clock. But off the clock those chiseled abs are mine. So, I'll play the enemy. Because in this small town, loving him could be the end of me. Oh, did I mention he's the baby's daddy? Maybe it's time to tell him. *Doctor's Secret Baby* is a standalone, full-length romance with no cheating or cliffhangers. The HEA is guaranteed to make you swoon! The books in the Cole Brothers series can be read in any order.

PRIMARY CARE MENTAL HEALTH

Cambridge University Press Around ninety per cent of all patients with mental health problems are managed solely in primary care, including thirty-fifty per cent of all those with serious mental illness. Primary care plays an increasingly essential role in developing and delivering mental health services, and in the wellbeing of communities. In this book, internationally respected authors provide both a conceptual background and practical advice for primary care clinicians and specialist mental health professionals liaising with primary care. Clinical, policy and professional issues, such as working effectively at the interface between services, are addressed - with a key focus on patient and service user experience. Following the highly successful first edition, which was awarded first prize at the BMA Medical Book

Awards in the category of Primary Health Care, this fully updated volume includes new chapters on mental health and long-term physical conditions, prison populations, improving access to care and public mental health.

HOT LIGHTS, COLD STEEL

LIFE, DEATH AND SLEEPLESS NIGHTS IN A SURGEON'S FIRST YEARS

St. Martin's Press When Michael Collins decides to become a surgeon, he is totally unprepared for the chaotic life of a resident at a major hospital. A natural overachiever, Collins' success, in college and medical school led to a surgical residency at one of the most respected medical centers in the world, the famed Mayo Clinic. But compared to his fellow residents Collins feels inadequate and unprepared. All too soon, the euphoria of beginning his career as an orthopedic resident gives way to the feeling he is a counterfeit, an imposter who has infiltrated a society of brilliant surgeons. This story of Collins' four-year surgical residency traces his rise from an eager but clueless first-year resident to accomplished Chief Resident in his final year. With unparalleled humor, he recounts the disparity between people's perceptions of a doctor's glamorous life and the real thing: a succession of run down cars that are towed to the junk yard, long weekends moonlighting at rural hospitals, a family that grows larger every year, and a laughable income. Collins' good nature helps him over some of the rough spots but cannot spare him the harsh reality of a doctor's life. Every day he is confronted with decisions that will change people's lives-or end them-forever. A young boy's leg is mangled by a tractor: risk the boy's life to save his leg, or amputate immediately? A woman diagnosed with bone cancer injures her hip: go through a painful hip operation even though she has only months to live? Like a jolt to the system, he is faced with the reality of suffering and death as he struggles to reconcile his idealism and aspiration to heal with the recognition of his own limitations and imperfections. Unflinching and deeply engaging, *Hot Lights, Cold Steel* is a humane and passionate reminder that doctors are people too. This is a gripping memoir, at times devastating, others triumphant, but always compulsively readable.

CHILD PROTECTIVE SERVICES

A GUIDE FOR CASEWORKERS

From the Preface: This manual, *Child Protective Services: A Guide for Caseworkers*, examines the roles and responsibilities of child protective services (CPS) workers, who are at the forefront of every community's child protection efforts. The manual describes the basic stages of the CPS process and the steps necessary to accomplish each stage: intake, initial assessment or investigation, family assessment, case planning, service provision, evaluation of family progress, and case closure. Best practices and critical issues in casework practice are underscored throughout. The primary audience for this manual includes CPS caseworkers, supervisors, and administrators. State and local CPS agency trainers may use the manual for preservice or inservice training of CPS caseworkers, while schools of social work may add it to class reading lists to orient students to the field of child protection. In addition, other professionals and concerned community members may consult the manual for a greater understanding of the child protection process. This manual builds on the information presented in *A Coordinated Response to Child Abuse and Neglect: The Foundation for Practice*. Readers are encouraged to begin with that manual as it addresses important information on which CPS practice is based-including definitions of child maltreatment, risk factors, consequences, and the Federal and State basis for intervention. Some manuals in the series also may be of interest in understanding the roles of other professional groups in responding to child abuse and neglect, including: Substance abuse treatment providers; Domestic violence victim advocates; Educators; Law enforcement personnel. Other manuals address special issues, such as building partnerships and working with the courts on CPS cases.

WAR DOCTOR

SURGERY ON THE FRONT LINE

Abrams #1 International Bestseller: A frontline trauma surgeon tells his "riveting" true story of operating in the world's most dangerous war zones (*The Times*). For more than twenty-five years, surgeon David Nott has volunteered in some of the world's most perilous conflict zones. From Sarajevo under siege in 1993 to clandestine hospitals in rebel-held eastern Aleppo, he has carried out lifesaving operations in the most challenging conditions, and with none of the resources of a major metropolitan hospital. He is now widely acknowledged as the most experienced trauma surgeon in the world. *War Doctor* is his extraordinary story, encompassing his surgeries in nearly every major conflict zone since the end of the Cold War, as well as his struggles to return to a "normal" life and routine after each trip. Culminating in his recent trips to war-torn Syria—and the untold story of his efforts to help secure a humanitarian corridor out of besieged Aleppo to evacuate some 50,000 people—*War Doctor* is a heart-stopping and moving blend of medical memoir, personal journey, and nonfiction thriller that provides unforgettable, at times raw, insight into the human toll of war. "Superb . . . You are constantly amazed that men such as Nott can witness the extraordinary cruelties of the human race, so many and so foul, yet keep going." —*Sunday Times* "Gripping and fascinating medical stories." —*Kirkus Reviews*

BRITISH WOMEN SURGEONS AND THEIR PATIENTS, 1860-1918

Cambridge University Press A rich new examination of the cultural, social and self-representation of the woman surgeon in Britain from 1860 to 1918. This title is also available as Open Access.

PHYSICIAN'S MEDICAL BOOK REFERENCE

MEDICAL MEDIUM CELERY JUICE

THE MOST POWERFUL MEDICINE OF OUR TIME HEALING MILLIONS WORLDWIDE

Hay House, Inc Celery juice is everywhere for a reason: because it's saving lives as it restores people's health one symptom at a time. From celebrities posting about their daily celery juice routines to people from all walks of life sharing pictures and testimonials of their dramatic recovery stories, celery juice is revealing itself to ignite healing when all odds seem against it. What began decades ago as a quiet movement has become a global healing revolution. In *Celery Juice: The Most Powerful Medicine of Our Time Healing Millions Worldwide*, Anthony William, the originator of the global celery juice movement, introduces you to celery juice's incredible ability to create sweeping improvements on every level of our health: • Healing the gut and relieving digestive disorders • Balancing blood sugar, blood pressure, weight, and adrenal function • Neutralizing and flushing toxins from the liver and brain • Restoring health in people who suffer from a vast range of chronic and mystery illnesses and symptoms, among them fatigue, brain fog, acne, eczema, addiction, ADHD, thyroid disorders, diabetes, SIBO, eating disorders, autoimmune disorders, Lyme disease, and eye problems After revealing exactly how celery juice does its anti-inflammatory, alkalizing, life-changing work to provide these benefits and many more, he gives you the powerful, definitive guidelines to do your own celery juice cleanse correctly and successfully. You'll get instructions on how to make the juice, how much to drink, when to drink it, and what to expect as your body begins to detox, plus answers to FAQs such as "Is it safe to drink celery juice while pregnant or breastfeeding?", "Is blending better than juicing?", and "Can I take my medications with it?" Here is everything you need to know--from the original source--to receive the full gift of what Anthony calls "one of the greatest healing tonics of all time."

PAEDIATRIC RHEUMATOLOGY

OUP Oxford Paediatric Rheumatology is an indispensable resource for the identification and management of specific rheumatological disorders. As well as covering common and rare rheumatological problems, there are also chapters on investigations and emergencies, designed for quick reference. The handbook includes dedicated topics on systemic diseases affecting rheumatology; the relevant clinical guidelines and information needed for a rheumatologist to successfully management a young patient; and, a coloured section for guidance on rash-related investigations. Paediatric Rheumatology is also fully endorsed by the British Society for Paediatric and Adolescent Rheumatology and the UK Paediatric Rheumatology Clinical Studies Group.

THE LIFE OF PRAYER

MIND, BODY, AND SOUL

Westminster John Knox Press This is a book for those who are not yet comfortable with prayer or who have reached an impasse in their prayer lives. Cole offers help to both groups by demonstrating different kinds of prayer, helping the reader find ways to pray in various situations, and providing sample prayers. He also suggests practical ways of approaching scriptural prayers such as the Lord's Prayer and the Psalms, contemplative prayers such as open prayer and centering prayer, prayer within the traditions of the church, and prayer using the language of worship. The volume includes study questions at the end of each chapter.

EVERY PATIENT TELLS A STORY

MEDICAL MYSTERIES AND THE ART OF DIAGNOSIS

Harmony A riveting exploration of the most difficult and important part of what doctors do, by Yale School of Medicine physician Dr. Lisa Sanders, author of the monthly New York Times Magazine column "Diagnosis," the inspiration for the hit Fox TV series *House, M.D.* "The experience of being ill can be like waking up in a foreign country. Life, as you formerly knew it, is on hold while you travel through this other world as unknown as it is unexpected. When I see patients in the hospital or in my office who are suddenly, surprisingly ill, what they really want to know is, 'What is wrong with me?' They want a road map that will help them manage their new surroundings. The ability to give this unnerving and unfamiliar place a name, to know it—on some level—restores a measure of control, independent of whether or not that diagnosis comes attached to a cure. Because, even today, a diagnosis is frequently all a good doctor has to offer." A healthy young man suddenly loses his memory—making him unable to remember the events of each passing hour. Two patients diagnosed with Lyme disease improve after antibiotic treatment—only to have their symptoms mysteriously return. A young woman lies dying in the ICU—bleeding, jaundiced, incoherent—and none of her doctors know what is killing her. In *Every Patient Tells a Story*, Dr. Lisa Sanders takes us bedside to witness the process of solving these and other diagnostic dilemmas, providing a firsthand account of the expertise and intuition that lead a doctor to make the right diagnosis. Never in human history have doctors had the knowledge, the tools, and the skills that they have today to diagnose illness and disease. And yet mistakes are made, diagnoses missed, symptoms or tests misunderstood. In this high-tech world of modern medicine, Sanders shows us that knowledge, while essential, is not sufficient to unravel the complexities of illness. She presents an unflinching look inside the detective story that marks nearly every illness—the diagnosis—revealing the combination of uncertainty and intrigue that doctors face when confronting patients who are sick or dying. Through dramatic stories of patients with baffling

symptoms, Sanders portrays the absolute necessity and surprising difficulties of getting the patient's story, the challenges of the physical exam, the pitfalls of doctor-to-doctor communication, the vagaries of tests, and the near calamity of diagnostic errors. In *Every Patient Tells a Story*, Dr. Sanders chronicles the real-life drama of doctors solving these difficult medical mysteries that not only illustrate the art and science of diagnosis, but often save the patients' lives.

TRAUMA ROOM TWO

Createspace Independent Publishing Platform In every hospital emergency department there is a room reserved for trauma. It is a place where life and death are separated by the thinnest of margins. A place where some families celebrate the most improbable of victories while others face the most devastating of losses. A place where what matters the most in this life is revealed. *Trauma Room Two* is just such a place. In this collection of short stories, Dr. Green takes the reader inside the hidden emotional landscape of emergency medicine. Based on fifteen years of experience as an ER physician, he reveals the profound moments that often occur in emergency rooms for patients, their families, and the staff that work there.

100 CASES IN CLINICAL ETHICS AND LAW

CRC Press A 30-year-old Polish lady is admitted in labour. This is her first pregnancy and she is full term. She is in a lot of pain, her liquor is stained with meconium and the trace of her baby's heart is classified as pathological. Her grasp of English is limited. You have been asked to obtain her consent for a caesarean section
100 Cases in Clinical Ethi

OPEN CITY

Faber & Faber 'The past, if there is such a thing, is mostly empty space, great expanses of nothing, in which significant persons and events float. Nigeria was like that for me: mostly forgotten, except for those few things that I remembered with outsize intensity.' Along the streets of Manhattan, a young Nigerian doctor doing his residency wanders aimlessly. The walks meet a need for Julius: they are a release from the tightly regulated mental environment of work, and they give him the opportunity to process his relationships, his recent breakup with his girlfriend, his present, his past. Though he is navigating the busy parts of town, the impression of countless faces does nothing to assuage his feelings of isolation. But it is not only a physical landscape he covers; Julius crisscrosses social territory as well, encountering people from different cultures and classes who will provide insight on his journey-which takes him to Brussels, to the Nigeria of his youth, and into the most unrecognizable facets of his own soul. A haunting novel about national identity, race, liberty, loss, dislocation, and surrender, Teju Cole's *Open City* seethes with intelligence. Written in a clear, rhythmic voice that lingers, this book is a mature, profound work by an important new author who has much to say about our world.

SLAVERY AND THE BRITISH COUNTRY HOUSE

In 2007 English Heritage commissioned initial research into links with transatlantic slavery or its abolition amongst families who owned properties now in its care. This was part of the commitment by English Heritage to commemorate the bicentenary of the abolition of the British transatlantic slave trade with work that would make a real difference to our understanding of the historic environment in the longer term. The research findings and those of other scholars and heritage practitioners were presented at the 'Slavery and the British Country House' conference which brought together academics, heritage professionals, country house owners and community researchers from across Britain to explore how country houses might be reconsidered in the light of their slavery linkages and how such links have been and might be presented to visitors. Since then the conference papers have been updated and reworked into a cutting edge volume which represents the most current and comprehensive consideration of slavery and the British country house as yet undertaken.