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LEISURE AND AGING

ULYSSEAN LIVING IN LATER LIFE

Sagamore Pub Llc *Contents: The Aging Journey; Theoretical Perspectives on Aging; Biological Processes; Cognitive Processes; Psychological Aging; The Importance of Leisure; The Leisure Experience -- Motivation Factors; Time and Activities in Retirement -- On Being or Becoming Ulyssean; Ethnicity and Gender -- Impact on Leisure for Older Adults; Living Environments; The Long-Term Care Facility; The Community Environment.*

LEISURE AND AGING

THEORY AND PRACTICE

Human Kinetics *"Leisure and Aging: Theory and Practice" provides students and professionals with a balanced perspective of current knowledge as it presents cutting-edge research in both fields. Supplemented by online ancillaries, this text offers a wealth of knowledge on various aspects of life for older people and the role of leisure in their lives.*

TOURISM AND LEISURE BEHAVIOUR IN AN AGEING WORLD

CABI *Tourism and Leisure Behaviour in an Ageing World, based on Ian Patterson's previously published Growing Older, provides an overview of the latest research concerning tourist behaviour and leisure needs of baby boomers, seniors, and older adults. With an increasingly ageing population, industry interest has intensified and there has been a corresponding explosion in related research activity.*

EDUCATION FOR THE ELDERLY IN THE ASIA PACIFIC

Springer Nature *In many countries across the Asia Pacific region, people are adapting to the new demographic shift, but there is nonetheless much concern. This book documents the various educational approaches rendered by both public and private sectors to enable elderly individuals in their own countries to re-engage in society more inclusively, to stay longer in the labour market, and to become less dependent on the state or their families. In order to produce active, healthy, and productive aging citizens, the experiments showcased by this book highlight how adaptive action is needed across many policy areas, with emphasis on shaping structural differences in the composition and organisation of higher education systems that can better foster lifelong learning among elderly citizens. The book is a great venue to underline the interplay of the theory and practices of vastly complex challenges.*

POSITIVE LEISURE SCIENCE

FROM SUBJECTIVE EXPERIENCE TO SOCIAL CONTEXTS

Springer Science & Business Media *This book extends positive psychology by embedding leisure into the positive science field, following a new paradigm and aggregating various domains and fields. Positive science can be applied to the field of leisure and, in turn, leisure can serve as an arena to study some of the most important optimal functioning variables. The book presents knowledge on a diverse range of topics about optimizing socio-cognitive processes and behaviors, places and contexts, societies and cultures through leisure. These topics are unified by an underlying continuum that extends from individuals and subjective experiences to social worlds. The contributions highlight components of everyday life, showing that subjective experience and life trajectories are structured and social goals and life purposes are defined and achieved within interactions between individuals and their lived contexts and environments in daily life. .*

FUNCTIONAL PERFORMANCE IN OLDER ADULTS

F.A. Davis *Support the very best health, well-being, and quality of life for older adults! Here's the ideal resource for rehabilitation professionals who are working with or preparing to work with older adults! You'll find descriptions of the normal aging process, discussions of how health and social factors can impede your clients' ability to participate in regular activities, and step-by-step guidance on how to develop strategies for maximizing their well-being.*

GROWING OLDER

TOURISM AND LEISURE BEHAVIOUR OF OLDER ADULTS

CABI *Drawing on the latest research this book examines the tourism and leisure needs of older people. Chapters review the particular behaviors, characteristics and special requirements of the senior market and provide examples of good practice and service provision. The book highlights how important an understanding of this emerging market is to tourism and leisure providers. It also suggests ways to effectively market to and provide for this expanding group in the future.*

THE WILEY BLACKWELL ENCYCLOPEDIA OF ADULTHOOD AND AGING, 3 VOLUME SET

John Wiley & Sons *Available online or as a 3-volume print set, this authoritative reference work contains more than 300 entries covering all aspects of the multi-disciplinary field of adult development and aging. Brings together concise, accurate summaries of classic topics as well as the most recent thinking and research in new areas Covers a broad range of issues, from biological and physiological changes in the body to changes in cognition, personality, and social roles to applied areas such as psychotherapy, long-term care, and end-of-life issues Includes contributions from major researchers, theorists, and methodologists from the academic and clinical realms A state-of-the art reference work that is as essential for experts in the field as for students in the social sciences and humanities coming to the subject for the first time*

AGING

CONCEPTS AND CONTROVERSIES

Pine Forge Press *The sixth edition of this student friendly textbook provides both a thorough explanation of the issues, as well as current research and controversies, exploring health care, socioeconomic trends, and the life course. This thoroughly revised new edition contains nine new readings, over 35 new photographs and an instructor's resource CD.*

MARKETING OF TOURISM EXPERIENCES

Routledge *This book provides a review of the current theory and practice of experiential tourism and how it is marketed. Many societies today are characterised by widespread individual wealth of an order previously confined to the elite with the consequence that ownership of 'ordinary' physical goods is no longer a distinguishing factor. Instead people are now seeking the 'extraordinary' with examples being bodies enhanced through surgery, personal fitness trainers, and, in the case of leisure and tourism, seeking unique and unusual places to visit and activities to undertake. This trend manifests in the increasing consumption of services and the addition of experiential elements to physical goods by businesses aware of societal changes. The trend is enhanced by rapidly changing technology and economic production methods providing new sectors of the world's population with access to the consumption experiences that are repeatedly featured in the media. This is the experience economy, characterised by a search by consumers for fantasies, feelings, and fun. This book was based on a special issue of Journal of Hospitality Marketing & Management.*

PROCEEDINGS OF THE 2006 NORTHEASTERN RECREATION RESEARCH SYMPOSIUM

APRIL 9-11, 2006, THE SAGAMORE

GENERAL TECHNICAL REPORT NRS-P

OLDER ADULTS WITH DEVELOPMENTAL DISABILITIES AND LEISURE

ISSUES, POLICY, AND PRACTICE

Routledge *If you work with older adults who are developmentally disabled and are seeking ways to incorporate exercise, arts activities, and other activities into your program, this is the book for you! Older Adults With Developmental Disabilities and Leisure will help you improve your ability to instruct exercise and other fitness activities and, at the same time, increase your knowledge about aging and mental retardation and developmental disabilities. This combination of skills and knowledge is important to your understanding of your clients and their needs. You will assist them in leading a more active, structured life that will result in a higher sense of satisfaction in their daily living and health benefits that will speak for themselves. Older Adults With Developmental Disabilities and Leisure gives you specific guidelines for establishing fitness programs as well as ideas for offering clients goals and incentives that will evoke and maintain their enthusiasm to participate. Using a proven model, the Arts/Fitness Quality of Life Activities Program, the authors show how careful planning and sequencing can produce successful results, such as peer interaction, flexible thinking, self-expression, and improved mental health. As you learn about the key factors for programming for this group of clients, you will also learn about: the demographics of this population leisure education training and cross-training with aging specialists and mental retardation staff community integration and for whom it is appropriate inactivity in later life and the complications it causes life satisfaction and leisure participation differences in physical and cognitive functioning among this population consumer satisfaction among older adults with developmental disabilities It is never too late to introduce leisure activities into the lives of those with developmental disabilities. With encouragement and careful guidance, you can lead your elders/clients into a more active and healthy life. Use Older Adults With Developmental Disabilities and Leisure as a guide to find activities and exercise programs that are appropriate, fun, and worthwhile!*

CREATIVE FORECASTING

THE ULYSSEAN ADULT

CREATIVITY IN THE MIDDLE & LATER YEARS

McGraw-Hill Ryerson Limited

AUSTRALIAN PARKS & RECREATION

QUARTERLY JOURNAL OF THE ROYAL AUSTRALIAN INSTITUTE OF PARKS AND RECREATION

MIDLIFE MYTHS AND REALITIES

AN UPBEAT APPROACH TO ENJOYING THE TRANSITION MIDLIFE MYTHS AND REALITIES: AN UPBEAT APPROACH TO ENJOYING THE TRANSITION

Green Dragon Books *The middle years in life are often associated with disturbing terms such as midlife crisis and middle-aged crazy. But these catchy terms are only misleading myths, Dr. Van Hoose claims, citing research and case histories to support this positive look at midlife. Midlife is a time filled with opportunity for personal fulfillment. Most midlife-age people are more independent and financially secure than they have ever been before. Midlife adults are reaching the peak of productivity, and they occupy most of the positions of power and influence in our society. This common sense and upbeat look at midlife should dispel the fears so many people share as they approach middle age.*

AGING

JOURNAL OF PARK AND RECREATION ADMINISTRATION

A PUBLICATION OF THE AMERICAN ACADEMY FOR PARK AND RECREATION ADMINISTRATION

AUSTRALASIAN PARKS AND LEISURE

AGING

Salem Press Inc *As the greying of America continues to shift demographics, increasing attention has been focused on what it means to grow older, both for society and individuals. This work covers various social, financial, and medical issues in order to provide a broad perspective of the ageing experience.*

VETERAN POETICS

BRITISH LITERATURE IN THE AGE OF MASS WARFARE, 1790-2015

Illustrates how war veterans have been used in British literature since the 1790s to explore being, knowing and storytelling.

THE LIVING AGE ...

THE PAPERS OF ULYSSES S. GRANT

OCTOBER 1, 1878 - SEPTEMBER 30, 1880

SIU Press *By late 1878, after a year and a half abroad, Ulysses S. Grant had visited every country in Europe, and he was homesick. ?I have seen nothing to make me regret that I am an American. Our country: its resources; energy, ingenuity and intelligence of the people, &c. is more appreciated abroad than at home." Grant decided to return through Asia. After ?a delightful run" to Dublin and northern Ireland, he left Paris with his wife Julia, son Frederick, and a few friends in January, 1879. Heading east, Grant kept a travel diary. On the voyage to Bombay, travelers socialized on deck. ?Four of the lady passengers and one of the gentlemen Amature Artists, amused themselves by sketching me." Crossing India overland, the Grant party rode elephants, visited the Taj Mahal, and witnessed Hindu ceremonies. From Calcutta, Grant sailed for Burma, Singapore, and Siam, where he found young King Chulalongkorn ?quite impressive in appearance and intelligent." After stops at Hong Kong and Canton, Grant wrote: ?I am satisfied that the Chinese are badly treated at home by europeans as well as when they emigrate." At Tientsin, Grant befriended Viceroy Li Hung-chang, ?probably the most intelligent and most advanced ruler?if not man?in China," and at Peking he agreed to mediate a dispute with Japan over the Ryukyu Islands. While China languished, Japan had made ?almost inconceivable" progress since the 1868 Meiji Restoration. During a ?very delightful" ten weeks, Grant met the Emperor, visited shrines and hot springs, attended a play and a lantern parade in his honor, and held talks on the Ryukyu dispute. He departed ?with assurances that pleasant recollections of my present visit will not vanish while my life lasts." Throngs welcomed Grant to San Francisco on September 20, 1879. Grant assured all that the United States stood second to none in the world in its people, institutions, and ideals. He told Confederate veterans: ?I have an abiding faith that we will remain together in future harmony." Grant toured Yosemite and visited scenes from his army days in Oregon and Washington Territory, then headed east again, his train cheered at every stop. At Galena and Chicago he basked in the warmth of ovations and old friends. Another series of crowds and banquets culminated in December at Philadelphia, where Grant completed his circuit of the globe. As 1880 began, Grant headed south. He marveled at Florida's potential and groused at Cuba's heat, then reached Mexico, a country he had long ago admired as part of an occupying army. ?The climate is perfection, the scenery unsurpassed and the people as clever and hospitable as it is possible for them to be." Grant met influential leaders, toured silver mines and old battlefields, and encouraged development. Grant returned to New Orleans and more banquets and speeches, touting reconciliation and praising black advancement. His progress north took on the air of a campaign as the Republican convention loomed. Newspapers debated a third term while Grant kept silent. In June, at Chicago, delegates split between Grant and James G. Blaine, and settled on dark horse James A. Garfield. Grant expressed relief at avoiding a ?most violent campaign." Grant spent the summer in the Rocky Mountains inspecting mines, sometimes by pack mule, for possible investments. In September, back in Galena, he rejoined the political fray, attacking Garfield's opponent, Major General Winfield S. Hancock, in an interview. ?He is the most selfish man I know.... He can not bear to hear anyone else praised, but can take any amount of flattery." With the election weeks away, and the outcome in doubt, Grant took to the stump. ?I am a Republican," he told an Ohio crowd, ?as the two great political parties are now divided, because the Republican Party is a national party seeking the greatest good for the greatest number of citizens."*

AUSTRALIAN PARKS AND LEISURE

JOURNAL OF LEISURE RESEARCH

HELPING RELATIONSHIPS WITH OLDER ADULTS

FROM THEORY TO PRACTICE

SAGE Publications *Helping Relationships with Older Adults: From Theory to Practice examines the fundamental theoretical perspectives of the aging process with an emphasis on the healthy aspects of aging. Taking a comprehensive approach, author Adele Williams addresses various therapeutic methods as she highlights the strengths and resiliency of the older population. Exercises and case studies demonstrate key concepts and promote skill development by allowing students to experience the various challenges in the lives of older clients.*

THE INTERNATIONAL JOURNAL OF AGING & HUMAN DEVELOPMENT

LITTELL'S LIVING AGE

LITTELL'S LIVING AGE

AGEING AND THE VISITOR ECONOMY

GLOBAL CHALLENGES AND OPPORTUNITIES

Routledge *This significant volume is the first to use primary research evidence to examine tourism, ageing and the implications of an ageing population for the visitor economy. Adopting a multidisciplinary approach, this book offers insights into the new opportunities, threats and challenges that the growing ageing-tourism markets poses. The ageing population has created a demographic time bomb with a population structure that is skewed towards a growing proportion of older people. When this is combined with the impact of health conditions, such as dementia, the future shape of visitor demand and tourism behaviour is likely to change and face many new challenges, albeit at different rates in time and space. Chapters include cutting-edge insights into future issues, while interviews are used to illustrate and explain issues affecting ageing and tourism, creating a much-needed synthesis of the ageing-tourism nexus to demonstrate intellectual leadership around this theme. This book will be of great interest to all upper-level students, academics and researchers in the fields of tourism, hospitality, leisure studies, and health and social care.*

THE LIVING AGE

BEST PRACTICES IN HOSPITALITY AND TOURISM MARKETING AND MANAGEMENT

A QUALITY OF LIFE PERSPECTIVE

Springer *This volume analyses the positive effects that tourism generates on resident's quality of life, and how this influences tourists' quality of life as they enjoy an enriching experience in the destination they visit. It provides significant theoretical and empirical contributions, as well as, case studies related to quality of life in hospitality and tourism marketing and management. This volume is the result of the effort that many researchers from all over the world have done to spread some new light on this outstanding research line and add knowledge on the relationship between tourism and quality of life of both residents and tourists. This last is highlighted as a fundamental factor to take into account for the development of new tourism practices. This volume is a true reference for researchers, students and professionals working in tourism marketing and management.*

THE PERSONAL MEMOIRS OF ULYSSES S. GRANT

THE COMPLETE ANNOTATED EDITION

Harvard University Press *This is the first complete annotated edition of Grant's memoirs, fully representing the great military leader's thoughts on his life and times through the end of the Civil War—including the antebellum era and the Mexican War—and his invaluable perspective on battlefield decision making. An introduction contextualizes Grant's life and significance.*

INTRODUCTION TO RECREATION AND LEISURE, 3E

Human Kinetics *Introduction to Recreation and Leisure, Third Edition, presents perspectives from 52 leading experts from around the world. It delves into foundational concepts, delivery systems, and programming services; offers an array of ancillaries; and helps students make informed career choices.*

THE CREATIVE CHILD AND ADULT QUARTERLY

JOYCE'S KALEIDOSCOPE

AN INVITATION TO FINNEGANS WAKE

Oxford University Press *James Joyce's Ulysses, once regarded as obscure and obscene, is now viewed as a masterpiece of world literature. Yet Joyce's final novel, Finnegans Wake, to which he devoted seventeen years, remains virtually unread. Its linguistic novelties, layered allusions, and experimental form can make it seem impenetrable. Joyce's Kaleidoscope attempts to dissolve the darkness that surrounds the Wake and to display instead its mesmerizing play of light. Philip Kitcher offers an original, appealing interpretation of Joyce's novel while also suggesting an approach to the magnum opus that will attract readers of every sort. Focusing throughout on the book's central themes, Kitcher proposes that Finnegans Wake has at its core an age-old philosophical question—"What makes a life worth living?"—that Joyce explores from the perspective of someone who feels that a long life is now at its end. Alert to echoes, Kitcher progresses through the novel, adding texture to his portrait of an aging dreamer who seeks reassurance about the worth of what he has done and who he has been. The novel's complex dream language becomes meaningful when seen as a way for Joyce to investigate issues that are hard to face directly, common though they may be. At times the view is clouded, at times it's the music or sheer comedy that predominates, but one experiences in the retrospective momentum a brilliant clarity unlike anything else in literature. With a startlingly profound compassion and a distinctive brand of humanism, Joyce points us to the things that matter in our lives. His final novel, Kitcher believes, is a call to life itself. Those who heed the call and pick up Finnegans Wake, whether for the first or the fifth time, will find in Joyce's Kaleidoscope an ideal companion.*

THE AGE OF INNOCENCE - EDITH WHARTON

Infobase Publishing *A collection of essays on Wharton's novel, The age of innocence, presented in chronological order by date of publication.*

WRESTLING WITH THE ANGEL: A MEMOIR OF MY TRIUMPH OVER ILLNESS

Simon and Schuster *The author looks back on his experiences surviving cancer and a heart attack, and discusses how the mind helps heal*

ACTIVE SPORT TOURISM

GLOBAL INSIGHTS AND FUTURE DIRECTIONS

Routledge *This volume serves to expand theory-driven understandings of active sport tourism by showcasing five empirical studies examining a variety of active sport tourism contexts. These include table tennis at the World Veteran's Championships, ultramarathon, running/cycling/triathlon, skiing/snowboarding, and a range of issues such as active ageing and travel-related carbon footprints. The volume also seeks to explore possibilities for future directions in active sport tourism and act as a catalyst for ongoing scholarly inquiry. Travelling to take part in active sporting pursuits is growing in popularity around the world. Active sport tourism encompasses travel to participate in a myriad sports, as well as in competitive participatory sport events. Much of the recent growth in active sport tourism is associated with travel to compete in participatory sport events, notably the "big city" international marathon events; amateur running, triathlon, and cycling events; Masters Games; and team sport tournaments. While the broader sport tourism research literature has tended to focus on spectator-oriented sports events, particularly the mega events such as the Olympic Games, it is only recently that a concerted research agenda in active sport tourism has emerged, making this volume innovative and relevant. This book was originally published as a special issue of the Journal of Sport & Tourism.*