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KEY=BOOK - RAFAEL COHEN

Benedictus

A Book Of Blessings

Random House 'We have fallen out of belonging. Consequently, when we stand before crucial thresholds in our lives, we have no rituals to protect, encourage and guide us as we cross over into the unknown. For such crossings, we need to find new words. What is nearest to the heart is often farthest from the word. This book is an attempt to reach into that tenuous territory of change that we must cross...' In sharing words of profound grace and wisdom, master storyteller John O'Donohue's Benedictus offers blessings to shelter us as we confront the many challenges we face on our journey through life. Living in an anxious world - a world so often dominated by unwelcome change, unhappiness and even despair - many readers will find comfort in John O'Donohue's illuminating introductions, covering areas such as Beginnings, Desires, States of the Heart, Callings and Beyond Endings, and the blessings themselves provide an inspiring and reassuring new vision of possibility. It is also a vision of hope and belonging for this sometimes troubled world.

Anam Cara

A Book of Celtic Wisdom

Harper Collins "Anam Cara is a rare synthesis of philosophy, poetry, and spirituality. This work will have a powerful and life-transforming experience for those who read it." —Deepak Chopra John O'Donohue, poet, philosopher, and scholar, guides you through the spiritual landscape of the Irish imagination. In Anam Cara, Gaelic for "soul friend," the ancient teachings, stories, and blessings of Celtic wisdom provide such profound insights on the universal themes of friendship, solitude, love, and death as: Light is generous The human heart is never completely born Love as ancient recognition The body is the angel of the soul Solitude is luminous Beauty likes neglected places The passionate heart never ages To be natural is to be holy Silence is the sister of the divine Death as an invitation to freedom

Echoes of Memory

Random House In this powerful, evocative collection, master storyteller John O'Donohue explores themes of love and loss, beginnings and endings. Inspired by the ancient wisdom of the Celtic tradition and the rugged, majestic landscape of his birth, the west of Ireland, here he also creates a unique vision of a place and time, and the echo of a memory that will never fade.

Conamara Blues

Random House Conamara in the West of Ireland has a strange and beautiful landscape - a landscape of intense contrasts uniquely dependent on light and shade. In daylight, a subtle radiance of gentle colours envelops the place. Yet on the threshold of darkness, the fading light reveals an almost haunted vista of mysterious beauty. In this exquisitely crafted collection of poetry, John O'Donohue evokes the vital energy and rhythm of the Conamara landscape, engaging with earth, sky and sea, and the majestic mountains that silently preside over this glorious region. Here too, as he draws upon the ancient memory and history of this sacred place, he focuses upon the power of language and the vagaries of human need and passion, tenderly revealing the fragile vulnerability of love and friendship. Written with penetrating insight and a deftness of touch, Conamara Blues offers a unique, imaginative vision of a landscape steeped in mystery and legend - a landscape of hope and possibility that is at once both familiar and unknown.

The Four Elements

Reflections on Nature

Random House Originally published: Dublin: Transworld Ireland, 2010.

Walking in Wonder

Eternal Wisdom for a Modern World

Convergent Books With a Foreword by Krista Tippett-a poignant and beautiful collection of conversations and presentation from John O'Donohue's work with close friend and former radio broadcaster John Quinn John O'Donohue, beloved author of To Bless the Space Between Us, is widely recognized as one of the most charismatic and inspirational enduring voices on the subjects of spirituality and Celtic mysticism. These timeless exchanges, collated and introduced by Quinn, span a number of years and explore themes such as imagination, landscape, the medieval mystic Meister Eckhart, aging, and death. Presented in O'Donohue's inimitable lyrical style, and filled with rich insights that will feed the "unprecedented spiritual hunger" he observed in modern society, Walking in Wonder is a

welcome tribute to a much-loved author whose work still touches the lives of millions around the world.

Eternal Echoes

Exploring Our Hunger To Belong

Random House There is a divine restlessness in the human heart today, an eternal echo of longing that lives deep within us and never lets us settle for what we have or where we are. Now, in this exquisitely crafted, inspirational book, John O'Donohue explores that most basic of human desires - the desire to belong. It is a desire that constantly draws us towards new possibilities of self-discovery, friendship and creativity. In *Eternal Echoes* John O'Donohue embarks upon a journey of discovery into the heart of our post-modern world - a hungry, homeless world that suffers from a deep sense of isolation and fragmentation. With the thousand-year-old shelter of divine belonging now shattered, we seem to have lost our way in this magical, wondrous universe. Here, as we explore perennial themes and gain insight from a range of ancient beliefs, we draw inspiration from Ireland's rich spiritual heritage of Celtic thought and imagination. It is a heritage of profound, mystical wisdom that will open pathways to peace and contentment, and lead us to live with creativity, honour and compassion the one life that has been given to us. Destined to become a timeless classic of vision and hope, this is an imaginative tour de force by one of today's most inspirational writers.

An Abundance of Blessings

52 Meditations to Illuminate Your Life

Bantam Press There is a quiet light that shines in every heart. It draws no attention to itself, though it is always secretly there. This shy inner light is what enables us to recognize and receive our very presence here as a blessing... Based on John O'Donohue's bestselling book, *Benedictus*, this boxed set of 52 beautifully designed, inspirational cards demonstrates how a blessing can be a powerful and positive intention which can transform situations and people. As you discover the gifts that blessings can bring and the doors they can open, you will find comfort, hope and healing, and experience how these blessings not only illuminate the milestones in your journey, but bring light to your daily life.

Beauty

The Invisible Embrace

Harper Perennial *Beauty* does not linger, it only visits. Yet beauty's visitation affects us and invites us into its rhythm, it calls us to feel, think, and act beautifully in the world: to create and live a life that awakens the Beautiful. Beauty is a gentle but urgent call to awaken. Bestselling author John O'Donohue opens our eyes, hearts, and minds to the wonder of our own relationship with beauty by exposing the infinity and mystery of its breadth. His words return us to the dignity of silence, profundity of stillness, power of thought and perception, and the eternal grace and generosity of beauty's presence. In this masterful and revelatory work, O'Donohue encourages our greater intimacy with beauty and celebrates it for what it really is: a homecoming of the human spirit. As he focuses on the classical, medieval, and Celtic traditions of art, music, literature, nature, and language, O'Donohue reveals how beauty's invisible embrace invites us toward new heights of passion and creativity even in these uncertain times of global conflict and crisis.

Divine Beauty

The Invisible Embrace

Random House In this eagerly awaited follow-up to his international bestsellers *Anam Cara* and *Eternal Echoes*, John O'Donohue turns his attention to the subject of beauty - the divine beauty that calls the imagination and awakens all that is noble in the human heart. In these uncertain times of global conflict and crisis, we are riven with anxiety; our trust in the future has lost its innocence, for we know now that anything can happen from one second to the next. In such an unsheltered world, it may sound naive to suggest that this might be the moment to invoke and awaken beauty, yet this is exactly the claim that this book seeks to explore. *DIVINE BEAUTY* is a gentle but urgent call to awaken. O'Donohue opens our eyes, hearts and minds to the wonder of our own relationship with beauty. Rather than 'covering' this theme, he uncovers it, exposing the infinity and mystery of its breadth. His words return us home to the dignity of silence, the profundity of stillness, the power of thought and perception, and the eternal grace and generosity of beauty's presence. In this masterful and revelatory work, O'Donohue encourages our greater intimacy with beauty, and celebrates it for what it really is: a homecoming of the human spirit. As he focuses on the classical, medieval and Celtic traditions, on art, music, literature, nature and language, O'Donohue reveals how beauty's invisible embrace invites us towards new heights of passion and creativity. *DIVINE BEAUTY* is an exquisite treasury of Forms of the Beautiful. Its surface employs narrative, image, anecdote and myth, while into the silence of its subtext are sown seeds of reflection that gradually blossom in the heart.

Echoes of Memory

Harmony John O'Donohue won hundreds of thousands of admirers with his now classic work on Celtic spirituality, *Anam Cara*. Just as *To Bless the Space Between Us* was being published, he died suddenly at the age of fifty-two. His powerfully wise and lyrical voice is profoundly missed, but his many readers are now given a special opportunity to revisit John in his first book, a collection of poetry. O'Donohue's readers know him as both a spiritual guide and a poet. In the same spirit as his bestselling works, readers will be inspired yet again by John's depth of wisdom and artistry.

Camino Divina—Walking the Divine Way

A Book of Moving Meditations with Likely and Unlikely Saints

SkyLight Paths Publishing Inspired by the ancient spiritual practices of *lectio divina* and walking meditation, *camino divina* helps you explore whole new worlds inside yourself as well as re-view the natural world around you by combining mindful walking with inspiring phrases and spiritual exercises. Includes introductions to twelve spiritual luminaries and their work.

Tools of the Trade

Poems for New Doctors

Polygon Being a doctor is a privilege; it is also very demanding and can be stressful, and to be able to look after others, we need to look after ourselves. We offer you this little book of poetry, Tools of the Trade, as a friend to provide inspiration, comfort and support as you begin work. Tools of the Trade includes poems by poet-doctors Iain Bamforth, Rafael Campo, Glenn Colquhoun, Martin MacIntryre and Gael Turnbull.

Box of Butterflies

Discovering the Unexpected Blessings All Around Us

Simon and Schuster Roma Downey--best known as the beloved angel on the TV show Touched by an Angel--has created a beautiful book filled with encouragement and hope, assuring us of God's comforting presence in our lives. Ever since she was a little girl, Roma has seen butterflies as a reminder of God's presence. They have appeared to her in moments when she needed encouragement and reminded her she is not alone. In this deeply personal book, Roma shares stories from her life, alongside quotes, poems, scripture, and artwork that she prays will uplift you as they have her. Each grace-filled chapter of this beautiful full-color book covers topics such as courage, strength, gratitude, love, and kindness. Reminiscent of the message of her popular television series, Touched by an Angel, this book's central theme is that there is a God, He loves you, and that even in your most difficult moments, He is by your side. That though you may feel alone, you are never truly alone. The subtle butterfly theme reminds us that the wonder of God's love and kindness is sometimes reflected in the gentle whispers of his creation and that we all have the power to transform from simple caterpillars into exquisite butterflies. Written in a way that encourages you to 'dip in and out' of its flowing content, this inspiring book invites you to return to its pages again and again, as life brings new challenges or you find yourself in need of new inspiration.

The Four Elements

Reflections on Nature

Random House In The Four Elements, poet and philosopher John O'Donohue draws upon his Celtic heritage and the love of his native landscape, the west of Ireland, to weave together a tapestry of beautifully evoked images of nature. As John explores a range of themes relating to the way we live our lives today, he reveals how the energy and rhythm of the natural world - its innocence and creativity, its power and splendour - hold profound lessons for us all. With a foreword written by his beloved brother Pat, this illuminating treasury is a unique collection of reflections inspired by the ancient wisdom of this earth.

Saved by the Light

The True Story of a Man Who Died Twice and the Profound Revelations He Received

Harper Collins [SAVED BY THE LIGHT SPA] After two near-death experiences, author Dannon Brinkley shares the profoundly moving account of his extraordinary experiences in the afterlife in this updated trade paperback edition of his international and New York Times bestseller

Eternal Echoes

Exploring Our Hunger to Belong

Inside Job

Doing the Work Within the Work

InterVarsity Press Effective leaders work very hard to succeed, but often at the cost of their own souls. They are challenged to keep themselves emotionally and spiritually healthy in order to survive success—to keep their humanity intact. This is the work within the work. Stephen W. Smith helps leaders in the marketplace and in ministry set aside the life-draining values of power, fame, fortune and position and instead explore the life-giving qualities of building character. In this book you will learn to: Recognize and determine the inner and outer markers of success Explore eight compelling virtues that every leader must possess Use the principle of rhythm rather than chase the myth of balance Recognize the limits of your own leadership Discover how to thrive, not just survive There is a better way to live than the craziness we experience in our driven world. Inside Job is your invitation to journey inside and do the work within your work.

Becoming a Soulful Parent

A Path to the Wisdom Within

Kasva Press This is not a parenting how-to book. It does not offer the usual advice or add to your to-do list, which is already long enough. Instead, Becoming a Soulful Parent asks questions to help you explore the contours of your inner life, developing your internal compass as you lead your family with love and wisdom. Combining insights from thousands of years of traditional Jewish wisdom with her own utterly relatable first-person storytelling, author Dasee Berkowitz helps you embrace every moment with your family while

leaning into the challenges of parenting with renewed perspective and enthusiasm. *Becoming a Soulful Parent* will help you ground your floating anxieties about the state of the world outside, while giving you the tools to reflect on the state of your world. It will help strengthen “muscles” that will be essential for you and your children throughout your lives—muscles like love, listening, empathy, and curiosity.

Men Pray

Voices of Strength, Faith, Healing, Hope, and Courage

SkyLight Paths Publishing Prayers from a broad spectrum of spiritual traditions celebrate the profound variety of ways men around the world have called out to the Divine with words of joy, praise, gratitude, wonder, petition and even anger from the ancient world up to our own day."

Awakening the Creative Spirit

Bringing the Arts to Spiritual Direction

Church Publishing, Inc. The new resource is designed to help spiritual directors and others use expressive arts in the context of spiritual direction. It is the latest book in the unique SDI series, designed for professional spiritual directors, but also useful for clergy, therapists, and Christian formation specialists.

Celtic Christian Spirituality

Essential Writings--Annotated and Explained

SkyLight Paths Publishing The Celtic Christians beheld the world around them and perceived the divine life of God as upholding every aspect of the material universe. Their prayers and poems, their liturgies and theological interpretations give Christians a sense of faith that is confident in a merciful and infinitely creative, healing God.

Common Spaces Between Us

Nurturing the Good in the Midst of Difference

Wipf and Stock Publishers Polarization occurring in the United States today is not only a social concern, it's also a spiritual condition of the heart. How can we connect with others in the midst of our differences when deep in our hearts we might harbor shadows such as judgment or fear? In *Common Spaces Between Us*, Melynn Rust explores this question by inviting readers into the diverse college campus community where she served as chaplain and where, much to her surprise and chagrin, she found herself struggling at times to connect with students amid differences. She was skeptical of Muslim students requesting bidets in the chapel bathrooms. She balked at visiting a student in the hospital psychiatric unit. She was afraid to publicly stand up for LGBTQ students. She butted heads with students who shared her religion but not her beliefs. She had presumed she inherently would live out her values to honor the dignity and equality of all, yet in her interactions with others she kept bumping into her own shadows, stifling connection. Ultimately, she discovered that true connection happens when we embody practices that recognize, honor, and nurture the good—in both ourselves and others—in the common spaces between us.

Enduring Ministry

Toward a Lifetime of Christian Leadership

Liturgical Press For many Christian leaders, the experience of ministry includes enough conflict and disappointment to soon wear off the patina of one's initial enthusiasm. And yet relief and renewal seems too often out of reach. What happens in this season of ministry is more than a matter of whether or not a Christian leader can persist. It is, in fact, possible for a person to engage the call to maturity at the juncture of discipleship and leadership. *Enduring Ministry* is designed for those who seek this more durable way forward, one that is infused with grace and inspired by good mission. In *Enduring Ministry*, Samuel Rahberg draws on insights from the monastic tradition, the ministry of spiritual direction, and the practice of Christian leadership to support and empower women and men for continued ministries in the church, helping them turn from merely enduring to lasting, effective, and vibrant Christian leadership.

At Peace in the Light

Harper Collins A sequel to the best-selling *Saved by the Light* describes the author's spiritual coming to terms with his newfound and disorienting psychic abilities and his decision to offer comfort to the dying. Reprint.

Overhearing a Christian Apology to the Nones

Revealing Still Hidden Truths in Dialogue

Wipf and Stock Publishers While the steady increase of the religiously unaffiliated Nones in America has generated anxious responses about rising secularism and loss of national identity, this book suggests a wider meaning-making approach wherein the Nones are seen as valuable dialogue partners necessary in this pivotal moment for the revealing of still hidden truths about culture, spirituality, and religion. Christians who overhear this dialogue may find upon self-reflection an emerging truth about their relationships, embedded stories, level of faith development, and susceptibility to a culturally conditioned, transactional religion. Nones who choose to engage in dialogue may find that the “nothingness” they bring to the dialogue is more significant than they realize, revealing truths of an apophatic spiritual path necessary for generating a transformational faith of freedom and capable of rebalancing a divisive, consumer-driven society. The religious and the not-religious, who are often seen as being on opposite sides of an imagined religious

threshold, may instead be seen as standing together in a liminal space that opens in wordless silence to yet unseen possibilities and from which emerge new stories aligned with the heart of Creation.

Anam Cara

Spiritual Wisdom from the Celtic World

Random House When St Patrick came to Ireland in the 5th century AD, he encountered the Celtic people and a flourishing spiritual tradition that had already existed for thousands of years. He also discovered that where the Christians worshipped one God, the Celts had many and found divinity all around them: in the rivers, hills, sea and sky. The ancient Celtic reverence for the spirit in all things survives today - a vibrant legacy of mystical wisdom that is unique in the Western world. Now, in this exquisite book, Irish poet and scholar John O'Donohue shares with us the secrets of this ancient world. Using authentic Irish prayers and blessings, he reveals the treasures that lie hidden within your own soul and the 'secret divinity' in your relationships. As he traces the cycles of life and nature, he draws from the holy waters of Ireland's spiritual heritage to lead you to a place where your heart can be healed and nourished. It is a place where you will discover your own anam cara, your true 'soul friend'.

Teaching with Heart

Poetry that Speaks to the Courage to Teach

John Wiley & Sons Each and every day teachers show up in their classrooms with a relentless sense of optimism. Despite the complicated challenges of schools, they come to and remain in the profession inspired by a conviction that through education they can move individuals and society to a more promising future. In *Teaching with Heart: Poetry that Speaks to the Courage to Teach* a diverse group of ninety teachers describe the complex of emotions and experiences of the teaching life - joy, outrage, heartbreak, hope, commitment and dedication. Each heartfelt commentary is paired with a cherished poem selected by the teacher. The contributors represent a broad array of educators: K-12 teachers, principals, superintendents, college professors, as well as many non-traditional teachers. They range from first year teachers to mid-career veterans to those who have retired after decades in the classroom. They come from inner-city, suburban, charter and private schools. The teachers identified an eclectic collection of poems and poets from Emily Dickinson, to Richard Wright, to Mary Oliver to the rapper Tupac Shakur. It is a book by teachers and for all who teach. The book also includes a poignant Foreword by Parker J. Palmer (*The Courage to Teach*), a stirring Introduction by Taylor Mali (*What Teachers Make*), and a moving Afterword by Sarah Brown Wessling (*Teaching Channel*). Where *Teaching with Fire* honored and celebrated the work of teachers; *Teaching with Heart* salutes the tenacious and relentless optimism of teachers and their belief that despite the many challenges and obstacles of the teaching life, much is possible.

For Lovers of God Everywhere

Hay House, Inc Roger Housden, author of the best-selling *Ten Poems to Change Your Life*, celebrates the growing popularity of mystical poetry with this beautiful compilation from the Christian contemplative tradition. Although the writings of the Sufi mystics (Rumi and Hafiz) and the Indian mystics (Mirabai and Kabir) have reached a wide audience in recent years, the poetry of the Christian mystics has yet to be discovered by a general audience. For *Lovers of God Everywhere*, a collection of nearly 100 poems from both historic and contemporary writers, heralds the reemergence of the great spiritual voices of the Christian tradition—a tradition with its own love songs to God, cries of longing, and bliss of union. In this collection, Roger introduces us to some of the foremost poets of both the Eastern and Western Christian traditions. He takes us from the wisdom of the Desert Fathers to the passion of St. Augustine, through the medieval ecstasies of St. Francis of Assisi and St. Catherine of Siena, to the subtleties of St. John of the Cross and St. Teresa of Avila; and on to contemporary voices such as Rainer Maria Rilke, T.S. Eliot, and Mary Oliver. Roger's insightful commentary on each poem inspires us to take its words more deeply into our souls and shows how the mystical tradition transcends sectarian divides and speaks to the heart of humanity.

The Birthday Book: What Should We Never Forget?

The Birthday Collective Ltd. An annual publication, *The Birthday Book* examines emerging challenges and opportunities for Singapore, based on a selected prompt. The number of writers each year matches Singapore's age—52 for 2017, 53 for 2018, and so on. This edition presents 52 responses to "What Should We Never Forget?" The contributors have drawn from personal encounters, academic and professional experiences, and cornerstone values in their lives. Read their stories for a glimpse of our nation's spirit—mortal, vulnerable, restless, resilient, and aspirational. What's your response?

Healing Words

The Power of Prayer and the Practice of Medicine

Harper Collins Proving prayer to be as valid and vital a healing tool as drugs or surgery, the bestselling author of *Meaning & Medicine* and *Recovering the Soul* offers a bold integration of science and spirituality.

Transforming Service

Reflections of Student Services Professionals in Theological Education

Wipf and Stock Publishers *Transforming Service* is a seminal book developed by student services professionals in theological education. This edited volume is new and innovative in that it puts the student services professional and their work with divinity students center-stage. Amid the various and serious changes afoot within the church and academy, there is a need for astute and perceptive expertise to assist professionals and institutions in transforming how to reach, serve, and sustain graduate students in theological education. This book is an offering designed to establish and sustain conversations among student services professionals in theological schools about the nature of the profession and to share wisdom within a rich community of practice that is essential to the success of theological schools. With its rich combination of useful information, reflective instruction on a host of professional leadership issues, and animated narratives on the ways different colleagues address common practices and challenges in their context, *Transforming Service* is a needed resource to all who engage in theological education.

Receiving Jesus

The Way of Love

Church Publishing • Practical and inspiring ways to practice a Jesus-centered life • Foreword by Michael B. Curry, Presiding Bishop of The Episcopal Church So often we think of the Christian faith as an obligation or as a set of beliefs that we must hold. With this outlook, we can lose sight of what is most important: the invitation to experience a loving, personal relationship with God. It's a relationship we can trust, where we can find refuge and solid ground upon which to stand. The Way of Love set forth by the Episcopal Church's Presiding Bishop Michael Bruce Curry is the journey of a lifetime. It's a way of knowing God, receiving and sharing Jesus' love, and being a blessing to the world. Mariann Edgar Budde shares her thoughts on how the reader can come to know--to receive--Jesus more deeply in practicing the Way of Love. Through the seven practices that have been put before us: to turn, to learn, to pray and to worship, to bless, to go, and to rest, she will share biblical stories, wisdom from the Christian tradition, and her own personal stories of spiritual growth.

Soul Sketches: How to Craft Meaningful and Authentic Eulogies

eBookIt.com This book is written for writers of eulogies and for those who choose to answer the question, after someone they loved and admired has died, "What does this life teach me about how I wish to live the rest of my days?" Eulogies are essentially hopeful rituals that make grief more bearable. Because eulogies are about the deceased, but for the living, they can help us prepare to live more intentionally, with an appreciation of life and with respect for the Great Mystery of death and beyond. Eulogies draw us into a sense of community at a time when we may feel alone, and when all we have left are our memories to bring us comfort. Eulogies add to those memories and help our healing begin.

Living Liturgy

Spirituality, Celebration, and Catechesis for Sundays and Solemnities Year A (2023)

Liturgical Press Living Liturgy™ 2023 provides practical and engaging content from expert authors to enrich your communal prayer and ministry. A robust formation program, Living Liturgy™ offers the readings, plus insightful reflections, and contextual background information for Sundays, solemnities, and additional feasts of liturgical and national importance. This best-selling annual resource is ideal for parish ministers, liturgists, pastors, planning committees, adult faith formation groups, and anyone who wishes to explore the connections between liturgy and life. An entirely new resource created for each liturgical year, Living Liturgy™ gives your team the spiritual preparation they need to serve in their ministries, integrating daily living, prayer, and study in an inviting and easy-to-use format. Original art by Ruberval Monteiro da Silva, OSB, complements the text and invites further reflection on the gospel of the day. This indispensable guide deepens a liturgical spirituality and strengthens the worship experience for the whole parish. Featured Content Reflecting on the Gospel Preparing to Proclaim Psalmist Preparation Making Connections Between the Readings Homily Points Model Penitential Act Model Universal Prayer (Prayer of the Faithful) Liturgy and Music Living Liturgy Prompts for Faith-Sharing

The Environmental Vision of Thomas Merton

University Press of Kentucky Nature was always vital in Thomas Merton's life, from the long hours he spent as a child watching his father paint landscapes in the fresh air, to his final years of solitude in the hermitage at Our Lady of Gethsemani, where he contemplated and wrote about the beauty of his surroundings. Throughout his life, Merton's study of the natural world shaped his spirituality in profound ways, and he was one of the first writers to raise concern about ecological issues that have become critical in recent years. In The Environmental Vision of Thomas Merton, author Monica Weis suggests that Merton's interest in nature, which developed significantly during his years at the Abbey of Gethsemani, laid the foundation for his growing environmental consciousness. Tracing Merton's awareness of the natural world from his childhood to the final years of his life, Weis explores his deepening sense of place and desire for solitude, his love and responsibility for all living things, and his evolving ecological awareness.

Dog Zen

Everything You Need to Know to Transform Your Dog

Penguin Random House New Zealand Limited World-renowned dog behaviourist and psychologist Mark Vette (of Driving Dogs and Flying Dogs fame) shows you how to transform your dog and create a harmonious life-long bond. This book looks at how the dog evolved from the wolf, and the ancient co-evolved bond that exists between humans and dogs, before explaining how to get your dog into a fundamental calm 'learning state' so you can encourage the behaviours you want from your pet. Mark then explains how to train your new puppy, and if you have an older dog that wasn't trained properly at that crucial early stage, how to correct each of the top ten behavioural problems that occur. Drawing from Mark's own life and experiences there are case studies throughout with beautiful photographs of these amazing animals. The top ten problems are: 1. Hyperactivity 2. Phobias 3. Excessive submission 4. Dog-to-dog aggression 5. Dog-to-human aggression 6. Barking 7. Separation distress 8. House training 9. Destructive behaviours 10. Recall This book is absolutely packed with information. It is a comprehensive practical guide combining the latest cognitive science with modern, loving, training techniques.

Going Beyond Words

Wood Lake Publishing Inc. Book & CD. This book offers spiritual practices that have their roots in ancient tradition and have been adapted and refined to be relevant and accessible to anyone interested in spiritual unfolding. Utilising word, image, sound, and silence to engage our cognitive, emotional, and physical intelligences, the practices encourage and celebrate the ongoing process of spiritual transformation. The practices are designed to expand our repertoire of ways to be present to ourselves, to each other, to the cosmos, and to the Holy -- in other words, ways to do our part in serving the Great Work. This practical book is illustrated with black and white images by the author. It is small enough to carry around in a shoulder bag or jacket pocket, and comes with an audio CD containing background music for the practices, timed intervals for meditation / contemplation / prayer, and verbal instructions. You will find it easy to begin the practice of engaging your whole self in your spiritual journey.

Take What You Need

Life Lessons after Losing Everything

Broadleaf Books Jen Crow's transformation was triggered, quite literally, by a bolt of lightning. That jolt, which destroyed her home in a subsequent fire, forced her to consider what she really needed as she looked to rebuild her life. In *Take What You Need* Crow opens new perspectives for all of us looking to understand our past, our unexpected suffering, our failures, so we too can begin charting a course forward--one drawn from resilience and hope. We see with the immediacy of someone who nearly lost it all that our possessions won't carry us. Our responses to the regrets, losses, separations, addictions, and unexpected twists and turns of our lives are shaped by the spiritual values that sustain us and the people who support us. Crow invites us to explore the expected and unexpected turns our lives can take--and all the ways we can pay attention to what we truly need to survive the painful moments and live lives of meaning. Survival guide, spiritual companion, and a light in the dark, *Take What You Need* offers hope, humor, and real-life spiritual tools to meet the hardest moments of our lives.

Teaming with Your Therapy Dog

Purdue University Press Today's therapy dog handlers recognize the need to be teammates with their dogs, not just supervisors. Teaming with one's dog involves unobtrusively providing physical and emotional support as well as respectful guidance in what to do. Being a teammate requires attention to the handler's behavior, not just the dog's. This book reminds all handlers that being conscious of what they do with their dogs increases the effectiveness of therapy visits as well as providing a more rewarding experience for all involved. Written by a nationally famous practitioner with decades of real-world experience, the book introduces the "STEPS of Teamwork" and how those STEPs fit with a Therapy Dog's Bill of Rights. These general principles free handlers to apply them in their own way to their therapy dog's individual personality and work. As the author writes, "The book explores a way of being conscious of what you do with and to your therapy dog to support him in his work. It describes functional principles of behavior you can learn and use immediately, either together as a package or independently." Using an exciting new methodology, the author guides readers to deepen their relationship with their dogs by acting consciously and respectfully.